Overlap of self-force, post-Newtonian and effective-one-body approaches

Chris Kavanagh Institut des Hautes Études Scientifique Bures S/Yvette, Paris. Overview

Effective-one-body

...an attempted overview.



(Gauge invariants)

EMRI evolution with EOB

Conservative PN

Conservative PN 2-body dynamics can be described using a Hamiltonian

$$\mathcal{H} = \mathcal{H}_N + \frac{1}{c^2}\mathcal{H}_{1\mathrm{PN}} + \frac{1}{c^4}\mathcal{H}_{2\mathrm{PN}} + \dots$$

2-body Taylor-expanded N + 1PN + 2PN Hamiltonian

$$H_{\rm N}(\mathbf{x}_a, \mathbf{p}_a) = \frac{\mathbf{p}_1^2}{2m_1} - \frac{1}{2} \frac{Gm_1m_2}{r_{12}} + (1 \leftrightarrow 2)$$

$$\begin{split} c^{2}H_{1\text{PN}}(\mathbf{x}_{a},\mathbf{p}_{a}) &= -\frac{1}{8}\frac{(\mathbf{p}_{1}^{2})^{2}}{m_{1}^{3}} + \frac{1}{8}\frac{Gm_{1}m_{2}}{r_{12}}\left(-12\frac{\mathbf{p}_{1}^{2}}{m_{1}^{2}} + 14\frac{(\mathbf{p}_{1}\cdot\mathbf{p}_{2})}{m_{1}m_{2}} + 2\frac{(\mathbf{n}_{12}\cdot\mathbf{p}_{1})(\mathbf{n}_{12}\cdot\mathbf{p}_{2})}{m_{1}m_{2}}\right) \\ &+ \frac{1}{4}\frac{Gm_{1}m_{2}}{r_{12}}\frac{G(m_{1}+m_{2})}{r_{12}} + (1 \leftrightarrow 2), \end{split}$$

$$\begin{split} c^{4}H_{2\mathrm{PN}}(\mathbf{x}_{a},\mathbf{p}_{a}) &= \frac{1}{16} \frac{(\mathbf{p}_{1}^{2})^{3}}{m_{1}^{5}} + \frac{1}{8} \frac{Gm_{1}m_{2}}{r_{12}} \left(5\frac{(\mathbf{p}_{1}^{2})^{2}}{m_{1}^{4}} - \frac{11}{2} \frac{\mathbf{p}_{1}^{2}\mathbf{p}_{2}^{2}}{m_{1}^{2}m_{2}^{2}} - \frac{(\mathbf{p}_{1}\cdot\mathbf{p}_{2})^{2}}{m_{1}^{2}m_{2}^{2}} + 5\frac{\mathbf{p}_{1}^{2}(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{2}}{m_{1}^{2}m_{2}^{2}} \\ &- 6\frac{(\mathbf{p}_{1}\cdot\mathbf{p}_{2})(\mathbf{n}_{12}\cdot\mathbf{p}_{1})(\mathbf{n}_{12}\cdot\mathbf{p}_{2})}{m_{1}^{2}m_{2}^{2}} - \frac{3}{2}\frac{(\mathbf{n}_{12}\cdot\mathbf{p}_{1})^{2}(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{2}}{m_{1}^{2}m_{2}^{2}} \right) \\ &+ \frac{1}{4}\frac{G^{2}m_{1}m_{2}}{r_{12}^{2}} \left(m_{2}\left(10\frac{\mathbf{p}_{1}^{2}}{m_{1}^{2}} + 19\frac{\mathbf{p}_{2}^{2}}{m_{2}^{2}}\right) - \frac{1}{2}(m_{1}+m_{2})\frac{27(\mathbf{p}_{1}\cdot\mathbf{p}_{2}) + 6(\mathbf{n}_{12}\cdot\mathbf{p}_{1})(\mathbf{n}_{12}\cdot\mathbf{p}_{2})}{m_{1}m_{2}} \right) \\ &- \frac{1}{8}\frac{Gm_{1}m_{2}}{r_{12}}\frac{G^{2}(m_{1}^{2} + 5m_{1}m_{2} + m_{2}^{2})}{r_{12}^{2}} + (1 \leftrightarrow 2), \end{split}$$

2-body Taylor-expanded 3PN Hamiltonian [JS 98, DJS 01]

$$\begin{split} c^{6}H_{3\mathrm{PN}}(\mathbf{x}_{a},\mathbf{p}_{a}) &= -\frac{5}{128}\frac{(\mathbf{p}_{1}^{2})^{4}}{m_{1}^{2}} + \frac{1}{32}\frac{Gm_{1}m_{2}}{r_{12}}\left(-14\frac{(\mathbf{p}_{1}^{2})^{3}}{m_{1}^{6}} + 4\frac{((\mathbf{p}_{1}\cdot\mathbf{p}_{2})^{2}+4\mathbf{p}_{1}^{2}\mathbf{p}_{2}^{2})\mathbf{p}_{1}^{2}}{m_{1}^{4}m_{2}^{2}} + 6\frac{\mathbf{p}_{1}^{2}(\mathbf{n}_{12}\cdot\mathbf{p}_{1})^{2}(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{2}}{m_{1}^{4}m_{2}^{2}} \\ &\quad -10\frac{(\mathbf{p}_{1}^{2}(\mathbf{n}_{2}\cdot\mathbf{p}_{2})^{2}+\mathbf{p}_{2}^{2}(\mathbf{n}_{12}\cdot\mathbf{p}_{1})^{2})\mathbf{p}_{1}^{2}}{m_{1}^{4}m_{2}^{2}} + 24\frac{\mathbf{p}_{1}^{2}(\mathbf{p}_{1}\cdot\mathbf{p}_{2})(\mathbf{n}_{12}\cdot\mathbf{p}_{1})(\mathbf{n}_{12}\cdot\mathbf{p}_{2})}{m_{1}^{4}m_{2}^{2}} \\ &\quad +2\frac{\mathbf{p}_{1}^{2}(\mathbf{p}_{1}\cdot\mathbf{p}_{2})(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{2}}{m_{1}^{3}m_{2}^{3}} + \frac{(7\mathbf{p}_{1}^{2}\mathbf{p}_{2}^{2}-10(\mathbf{p}_{1}\cdot\mathbf{p}_{2})^{2})(\mathbf{n}_{12}\cdot\mathbf{p}_{1})(\mathbf{n}_{12}\cdot\mathbf{p}_{2})}{m_{1}^{3}m_{2}^{3}} \\ &\quad +\frac{(\mathbf{p}_{1}^{2}\mathbf{p}_{2}^{2}-2(\mathbf{p}_{1}\cdot\mathbf{p}_{2})^{2})(\mathbf{p}_{1}\cdot\mathbf{p}_{2})}{m_{1}^{3}m_{2}^{3}} + 15\frac{(\mathbf{p}_{1}\cdot\mathbf{p}_{2})(\mathbf{n}_{12}\cdot\mathbf{p}_{1})^{2}(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{2}}{m_{1}^{3}m_{2}^{3}} \\ &\quad -18\frac{\mathbf{p}_{1}^{2}(\mathbf{n}_{1}\cdot\mathbf{p}_{1})(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{3}}{m_{1}^{3}m_{2}^{3}} + 5\frac{(\mathbf{n}_{1}\cdot\mathbf{p}_{1})^{3}(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{3}}{m_{1}^{3}m_{2}^{3}} + \frac{G^{2}m_{1}m_{2}}{r_{1}^{2}}\left(\frac{1}{16}(m_{1}-27m_{2})\frac{(\mathbf{p}_{1}^{2})^{2}}{m_{1}^{4}} \\ \\ &\quad -18\frac{\mathbf{p}_{1}^{2}(\mathbf{p}_{1}\cdot\mathbf{p}_{1})(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{3}}{m_{1}^{3}m_{2}^{3}} + 5\frac{(\mathbf{n}_{1}\cdot\mathbf{p}_{1})^{3}(\mathbf{n}_{12}\cdot\mathbf{p}_{2})^{3}}{m_{1}^{3}m_{2}^{3}} + \frac{G^{2}m_{1}m_{2}}{r_{1}^{2}}\left(\frac{1}{16}(m_{1}-27m_{2})\frac{(\mathbf{p}_{1}^{2})^{2}}{m_{1}^{4}} \\ \\ &\quad -18\frac{\mathbf{p}_{1}^{2}(\mathbf{p}_{1}\cdot\mathbf{p}_{1})(\mathbf{n}_{1}\cdot\mathbf{p}_{2})}{m_{1}^{3}m_{2}^{2}} + 5\frac{(\mathbf{n}_{1}\cdot\mathbf{p}_{1})^{3}(\mathbf{n}_{1}\cdot\mathbf{p}_{2})}{m_{1}^{3}m_{2}^{2}} + \frac{17}{16}\frac{C^{2}m_{1}m_{2}}{m_{1}^{3}}}\left(\frac{1}{16}(m_{1}-27m_{2})\frac{(\mathbf{p}_{1}^{2}\cdot\mathbf{p}_{1})}{m_{1}^{4}} \\ \\ &\quad -\frac{18}m_{1}}\frac{\mathbf{p}_{1}^{2}(\mathbf{p}_{1}\cdot\mathbf{p}_{2}) + \frac{1}{48}m_{2}\frac{25(\mathbf{p}_{1}\cdot\mathbf{p}_{1})(\mathbf{n}_{1}\cdot\mathbf{p}_{1})(\mathbf{n}_{1}\cdot\mathbf{p}_{1})}{m_{1}^{3}m_{2}^{2}}} \\ &\quad -\frac{18}m_{1}}\frac{\mathbf{p}_{1}^{2}(\mathbf{p}_{1}\cdot\mathbf{p}_{2})}{m_{1}^{3}m_{2}} + \frac{1}{48}m_{2}\frac{25(\mathbf{p}_{1}\cdot\mathbf{p}_{2})}{m_{1}^{3}m_{2}^{2}} + \frac{1}{19}\frac{C^{2}m_{1}}{m_{1}^{3}}} \\ \\ &\quad -\frac{1}8m_{1}}\frac{1$$

EOB in newtonian gravity.. very quick motivation

In Newtonian mechanics the total energy of a two body system is given by

$$E = \frac{1}{2}m_1v_1^2 + \frac{1}{2}m_2v_2^2 - \frac{Gm_1m_2}{|r_1 - r_2|}$$

$$L = m_1 r_1 \times v_1 + m_2 r_2 \times v_2$$

 $r = r_1 - r_2, \quad v = v_1 - v_2, \quad M = m_1 + m_2, \quad \mu = m_1 m_2/M$

$$E = \frac{1}{2}\mu v^2 - \frac{GM\mu}{r}$$
$$L = \mu r \times v$$

EOB in GR and the PN approximation

[Buonanno, Damour 1998,2000]

In GR, the natural generalisation of this would be motion in a central Schwarzschild Spacetime of mass M

$$g_{\mu\nu}^{\text{eff}} dx^{\mu} dx^{\nu} = -A(R)c^2 dT^2 + B(R)dR^2 + R^2(d\theta^2 + \sin^2(\theta)d\varphi^2)$$

• This can be used to define an effective action

$$g_{\rm eff}^{\mu\nu} P_{\mu} P_{\nu} + \mu^2 c^2 = 0$$

$$P_{\mu} = \frac{\partial S^{\text{eff}}}{\partial x^{\mu}}$$

$$S^{\text{eff}} = -Et + J\varphi + S_R(R, E, J)$$
$$\mathcal{H}^{\text{eff}} = \mathcal{H}^{\text{eff}}(R, P_R, J)$$

Conservative PN 2-body dynamics can be described using a Hamiltonian

$$\mathcal{H} = \mathcal{H}_N + \frac{1}{c^2} \mathcal{H}_{1\text{PN}} + \frac{1}{c^4} \mathcal{H}_{2\text{PN}} + \dots$$

Encode this information somehow into our test-body motion in an effective spacetime:

$$M = m_1 + m_2, \quad \mu = m_1 m_2 / M$$

$$g_{\mu\nu}^{\text{eff}} dx^{\mu} dx^{\nu} = -A(R)c^2 dT^2 + B(R)dR^2 + R^2(d\theta^2 + \sin^2(\theta)d\varphi^2)$$

$$A(R) = 1 - 2\frac{GM}{c^2r} + a_1(\nu) \left(\frac{GM}{c^2r}\right)^2 + \dots$$

 $g_{\rm eff}^{\mu\nu} P_{\mu} P_{\nu} + \mu^2 c^2 = Q(R, P_{\mu})$

3PN onwards [Damour Jaranowski Schaefer 2000]

$$\mathcal{H}_{\text{eff}} = f(\mathcal{H}_{\text{real}}) = \mathcal{H}_{\text{real}}(1 + \frac{1}{c^2}\alpha_1\mathcal{H}_{\text{real}} + \ldots)$$

effective coordinates

$$(R, P_R, J) \Leftrightarrow (r, p_r, p_{\varphi})$$

> Demand canonical transformation between coordinates
 $q_i = Q_i - \frac{1}{c^2} \frac{\partial G(p, q)}{\partial p_i}$

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Determines everything up to 4PN so far (modulo some freedom used to simplify!)

$$\alpha_{i\geq 2}=0$$

By inverting the energy map, somehow..

 $\begin{aligned} \mathcal{H}_{\rm eob} &= \mathcal{H}_{\rm real}(\mathcal{H}_{\rm eff}(R,P_R,J)) & \text{will be much simpler than} \\ & \mathcal{H}_{\rm real}(r,p_r,p_{\varphi}) \end{aligned}$

 $\mathcal{H}_{\rm eob} = \mathcal{H}_{\rm real}(\mathcal{H}_{\rm eff}(R, P_R, J))$

$$\mathcal{H}_{eob} = Mc^2 \sqrt{1 + 2\nu \left(\frac{\mathcal{H}_{eff}}{\mu c^2} - 1\right)}$$

$$\frac{\mathcal{H}_{\text{eff}}}{\mu c^2} = \sqrt{A(R) \left(1 + A(R)D(R)\frac{P_R^2}{\mu^2 c^2} + \frac{P_\varphi^2}{\mu^2 c^2 R^2} + \frac{Q(R)}{\mu} \right)}$$
$$A(u) = 1 - 2u + 2\nu u^3 + \left(\frac{94}{3} - \frac{41\pi^2}{32}\right)\nu u^4 + O(u^5)$$
$$D = (AB)^{-1}$$

$$D(u) = 1 + 6u^2\nu + (52\nu - 6\nu^2)u^3 + O(u^4)$$

$$Q(u) = q_0(u)P_R^4 + q_1(u)P_R^6 + \dots$$
$$u = \frac{GM}{c^2R}$$

EOB: Equations of motion

In standard coordinates the dynamics are determined by Hamiltons equations



$$\frac{R}{t} = \frac{\partial \mathcal{H}_{eob}}{\partial P_R}, \qquad \frac{dP_R}{dt} = -\frac{\partial \mathcal{H}_{eob}}{\partial R}$$
$$\frac{\Phi}{dt} = \frac{\partial \mathcal{H}_{eob}}{\partial J}, \qquad \frac{dJ}{dt} = 0$$

Dissipation is included using PN

circular orbits

$$\frac{dR}{dt} = \frac{\partial \mathcal{H}_{eob}}{\partial P_R}, \qquad \frac{dP_R}{dt} = -\frac{\partial \mathcal{H}_{eob}}{\partial R} + \mathcal{F}_r \qquad \qquad \mathcal{F}_{\varphi} = \frac{1}{\dot{\Phi}} \frac{dE}{dt}$$
$$\frac{d\Phi}{dt} = \frac{\partial \mathcal{H}_{eob}}{\partial J}, \qquad \frac{dJ}{dt} = \mathcal{F}_{\varphi} \qquad \qquad \qquad \mathcal{F}_{\varphi} = 0$$

what can SF offer?

...this is capra • small mass ratio, high accuracy, strong field

'Easy' to extract conservative information

$$f_{\mu}^{\rm Cons} = \frac{1}{2} (f_{\mu}^{\rm Ret} + f_{\mu}^{\rm Adv})$$

- frequency shifts, change in ISCO locations
- periastron advances
- redshift, spin precessions, tidal effects

$$\begin{split} A(R) &= 1 - 2u + a_1(\nu)u^2 + \dots \\ D(R) &= 1 + d_1(\nu)u^2 + \dots \end{split} \quad \text{as PN} \end{split}$$

$$\begin{split} A(R) &= 1 - 2u + a_1^{\rm GSF}(u)\nu + a_2^{\rm GSF}(u)\nu^2 + \dots & \text{as GSF} \\ D(R) &= 1 + d_1^{\rm GSF}(u)\nu^2 + \dots \end{split}$$

e.g. from the PN series we know

$$a_1^{\text{GSF}}(u) = 2u^3 + \left(\frac{94}{3} - \frac{41\pi^2}{32}\right)u^4 + \dots$$

Idea: compare 'observables', use gauge invariance [Damour 09, Barack, Damour, Sago 10]

just like comparing SF codes..

LorenzRegge-Wheeler $f_{\mu}(x)$ \neq $f_{\mu}(x)$ z(x) \neq z(x)z(y)=z(y)

 $y = (m_1 \Omega)^{2/3}$

Damour initially suggested comparing the ISCO and the periastron precession

$$(M\Omega_{\rm ISCO})^{3/2} = \frac{1}{6} \left(1 + \nu \left(a_1(1/6) + \frac{1}{6} a_1'(1/6) + \frac{1}{18} a_1''(1/6) \right) \nu + \ldots \right)$$
$$= \frac{1}{6} (1 + .8342\nu + \ldots) \quad [\text{Barack, Sago 2009}]$$

Likewise, the periastron advance:

$$\frac{\Omega_r}{\Omega_{\varphi}} = 1 - 6y + \nu \rho(y) + \dots$$

$$\rho(y) \sim a(y), a'(y), a''(y), d(y)$$

constrains a linear combination of the potentials

EOB and GSF: First law and binding energy

LeTiec et al [Le Tiec et al 2012] derived '1st law for binary BH', relating Mass, AM and redshifts:

$$\delta M - \Omega \delta J = z_1 \delta m_1 + z_2 \delta m_2$$

SF:

In the extreme mass ratio limit, the 1st law relates the binding energy to the redshift invariant

$$E_{\rm SF}(y) = \frac{1}{2} z_{\rm SF}(y) - \frac{y}{3} z_{\rm SF}'(y) - 1 + \sqrt{1 - 3y} + \frac{y}{6} \frac{7 - 24y}{(1 - 3y)^{3/2}}$$

EOB: The Hamiltonian is the energy of the system..

$$E(x) \to A(x)$$

Expanding in the mass-ratio, equating the two:

$$a_{1\rm sf} = \sqrt{1 - 3x} z_{1\rm sf} - x \left(1 + \frac{1 - 4x}{\sqrt{1 - 3x}} \right)$$

[Barausse et al 2012]

EOB and GSF: First law and binding energy



Akcay et al 2012

FIG. 3: Numerical data for the doubly-rescaled function $\hat{a}_E(x)$ [see Eq. (50)]. The solid line is a cubic interpolation of the numerical data points (beads). The inset shows, on a semi-logarithmic scale, the relative numerical error in the \hat{a}_E data, computed based on the estimated errors tabulated in Appendix A. Note that the relative error is between 10^{-8} and 10^{-10} over most of the domain, and it never exceeds 10^{-5} (except at a single point, closest to the LR, where it is ~ 0.1%).

1st law + periastron advance—-> d(y)!

EOB and GSF: First law generalisations

Le Tiec 2015: First law for eccentric orbits

[Barack Sago-11']

Binding energy now in terms of the orbit averaged redshift $\langle z
angle$

$$\frac{\mathcal{H}_{\text{eff}}}{\mu c^2} = \sqrt{A(R) \left(1 + A(R)D(R) \frac{P_R^2}{\mu^2 c^2} + \frac{P_\varphi^2}{\mu^2 c^2 R^2} + \frac{Q(R)}{\mu} \right)}$$
$$Q(u) = q_0(u) P_R^4 + q_1(u) P_R^6 + \dots$$

Doing a low eccentricity expansion..

$$\langle z \rangle = \langle z \rangle_0 + \langle z \rangle_1 e^2 + \langle z \rangle_2 e^4 \dots$$

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$$\langle z \rangle_0 \to A \langle z \rangle_0, \langle z \rangle_1 \to D \langle z \rangle_0, \langle z \rangle_1, \langle z \rangle_2 \to q_0$$

--Entire non-spinning Hamiltonian just from the redshift invariant

EOB and GSF: Overview of results for non-spinning EOB-GSF



PN-GSF work

Bini, Damour 2013, 2014, 2014, 2015, 2016 Kavanagh, Ottewill, Wardell 2015 Shah, Whiting, Johnson McDaniel 2015 Hopper, Kavanagh, Ottewill 2016

Numerical work

[1] Akcay, Barack, Damour, Sago 2012[2] Akcay, van de Meent 2016



EOB and GSF: Spinning EOB & spin precessions

$$\begin{aligned} \mathcal{H}(R, P, S_1, S_2) &= Mc^2 \sqrt{1 + 2\nu \left(\frac{\mathcal{H}_{\text{eff}}}{\mu c^2} - 1\right)} \\ \mathcal{H}_{\text{eff}} &= \mathcal{H}_{\text{eff}}^{\text{O}} + \mathcal{H}_{\text{eff}}^{\text{SO}} \\ \mathcal{H}_{\text{eff}}^{\text{SO}} &= \frac{G}{c^2 R^3} \left(g_{\text{S}} \mathbf{L} \cdot \mathbf{S} + g_{\text{S}^*} \mathbf{L} \cdot \mathbf{S}^*\right) \\ \mathbf{S}^* &= \frac{m_2}{m_1} \mathbf{S}_1 + \frac{m_1}{m_2} \mathbf{S}_2 \end{aligned}$$

g_S : effects from the big BH

Bini, Damour 2016: use first law w/spinning binaries [Blanchet et al 2013] Spin corrections to $\,A,g_S\,$

Both as high PN, and using strong field data of Shah et al (all circular)

 g_{S*} : effects from the small BH

Use the GSF spin precession invariant : Dolan et al 2014

EOB and GSF: Spinning EOB & spin precessions

$$\frac{d\mathbf{S}_{a}}{dt} = \{\mathcal{H}, \mathbf{S}_{a}\} \qquad \qquad \Omega_{\mathbf{S}_{a}} = \frac{\partial \mathcal{H}}{\partial \mathbf{S}_{a}} = \Omega_{\mathbf{S}_{a}} \times \mathbf{S}_{a}$$

Set up same situation as SF spin precession calculation:

$$S_1 \ll 1, \quad S_2 = 0, \quad L \cdot S = P_{arphi} s$$

[Bini, Damour]: $\psi = rac{\Omega_{S_1}}{\Omega_{arphi}}$

Extract SF info by equating

$$\mathcal{O}(\nu)$$
 piece of ψ^{EOB}

(via gauge inv. parameterisation.)

[Akcay, Dolan, Dempsey 2016]- Eccentric generalization of GSF spin precession (schw)

$$\langle \Delta \psi \rangle = \langle \Delta \psi \rangle^0 + \langle \Delta \psi \rangle^1 e^2 + \dots$$

$$g_{S*} = g_{S*}^0 + g_{S*}^1 P_R^2 + \dots$$

[Akcay 2017]- Eccentric spin prec in Kerr (formulation)

GSF tidal invariants [Dolan et al 2015]



Tidal EOB [Bini, Damour 2015]



See Andrea Antonelli next!

- → meeting point of NR, PN and SF
- ---- conservative information is neatly packaged in gauge invariant manner
- → it's a different method

Include conservative PN information in the EOB hamiltonian

dR _	$_{-}\partial \mathcal{H}_{ ext{eob}}$	dP_R _	$\partial \mathcal{H}_{ ext{eob}}$
\overline{dt} -	$\overline{\partial P_R}$,	dt –	$-\frac{1}{\partial R}$
$d\Phi$	$\partial \mathcal{H}_{ ext{eob}}$	dJ $ au$	•
\overline{dt} =	$=$ $-\partial J$,	$\frac{d}{dt} = \mathcal{F}$	arphi

 \mathcal{H}_{eob} —3PN conservative info via A,D

 \mathcal{F}_{arphi} —Semi-analytic Teukolsky fluxes (PN/calibrated PN)

 $\mathcal{F}_{\varphi} = \frac{1}{\dot{\Phi}} \frac{dE}{dt}$ Fit to high accuracy numerics $\frac{dE}{dt} = \left(\frac{dE}{dt}\right)^{n\text{PN}} + (a_1 + a_2 \log(u))u^{(n+1)\text{PN}}$

EOB and EMRI evolution: Yunes et al 2010: Quasi-circular equatorial inspiral, Kerr



With conservative SF turned on in the EOB potentials, found ~6-27 rad phase difference/two year inspiral

EOB and EMRI evolution: Up to date information

<u>Schwarzschild</u>

➤ High eccentricities > .5 ?

			e^2	e^4
	$a^{1SF}(u)$	$d^{1\mathrm{SF}}(u)$	$q_0^{1\mathrm{SF}}(u)$	$q_1^{1\mathrm{SF}}(u)$
PN	22.5	9.5	9.5	4
Numerics	[1]	[1,2]	[2]	

$$\frac{dR}{dt} = \frac{\partial \mathcal{H}_{eob}}{\partial P_R}, \qquad \frac{dP_R}{dt} = -\frac{\partial \mathcal{H}_{eob}}{\partial R}$$
$$\frac{d\Phi}{dt} = \frac{\partial \mathcal{H}_{eob}}{\partial J}, \qquad \frac{dJ}{dt} = \mathcal{F}_{\varphi}$$

EOB and EMRI evolution: *Preliminary-eccentric inspiral*

<u>Schwarzschild</u>

→ High eccentricities > .5 ?

			e^2	e^4
	$a^{1SF}(u)$	$d^{1\mathrm{SF}}(u)$	$q_0^{1\mathrm{SF}}(u)$	$q_1^{1\mathrm{SF}}(u)$
PN	22.5	9.5	9.5	4
Numerics	[1]	[1,2]	[2]	—

$$\frac{dR}{dt} = \frac{\partial \mathcal{H}_{eob}}{\partial P_R}, \qquad \frac{dP_R}{dt} = -\frac{\partial \mathcal{H}_{eob}}{\partial R} + \mathcal{F}_r$$
$$\frac{d\Phi}{dt} = \frac{\partial \mathcal{H}_{eob}}{\partial J}, \qquad \frac{dJ}{dt} = \mathcal{F}_{\varphi}$$

These are reallily slow to evolve.. SEE N Warburton tomorrow!

EOB and EMRI evolution: *Preliminary-eccentric inspiral*

Using action angle-type variables

(similar to Hinderer & Barak 2017)

$$\frac{d\theta_r}{dt} = \omega_r \quad \frac{dp}{dt} = \nu \mathcal{F}_p$$

$$\frac{d\theta_\varphi}{dt} = \omega_\varphi \quad \frac{de}{dt} = \nu \mathcal{F}_e$$

$$r_{\min} = \frac{p}{1+e}, r_{\max} = \frac{p}{1-e}$$

To adiabatic order, i.e. ignoring oscillatory dissipative pieces, and second order SF

$$\mathcal{F}_p, \mathcal{F}_e \sim \langle \frac{dE}{dt} \rangle, \langle \frac{dJ}{dt} \rangle$$

using numerical SF data

$$\omega_i = \omega_i^0 + \nu \omega_i^1 + O(\nu^2)$$

Schwarzschild orbital frequencies

EOB and EMRI evolution: *Preliminary-eccentric inspiral*

Two plots— Using PN+strong field data for a,d, q potentials

Using purely high order PN





No eccentric effects yet transcribed in Kerr

To date, all work assumed aligned spins



Generic orbit informations is becoming available [See van de Meent]

- Current formulations of EOB are divergent at the light-ring (see next talk?)
- Ceeper understanding needed of inclusion of radiation reaction

obvious questions:

How does conservative PN SF fare in a 'proper' self-force inspiral?

Can the SF equations of motion be formulated with conservative information only entering in a gauge invariant manner?